# National AMR Strategies: The Ghana Story

2<sup>ND</sup> Global network for antimicrobial resistance and infection prevention symposium
 THEME: Innovations towards Combating Antimicrobial Resistance: A whole of Society Engagement
 DATE: 4<sup>th</sup> - 7<sup>th</sup> March 2019

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## **Outline of Presentation**

- 1. Success of Ghana's Public Health Governance
- 2. Launching of the AMR Policy and National Action Plan (NAP)
- 3. Understanding Ghana
- 4. How the Policy and NAP were developed
- 5. Policy objectives and Strategic Plan of the NAP





## Public health governance

The report focused on the quality of health care

governance in 18 low- and middle-income countries in sub-Saharan Africa and Asia along five dimensions: health management capacity, health policies, health regulations, health infrastructure and financing, and health systems.

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## AMR and SDGs



## AMR strikes hardest on the poor $\rightarrow$ Rate of resistance is high

- $\rightarrow$  Lack of affordable treatment
- → Poor infection prevention

2 ZERO HUNGER

Untreatable infections in animals threaten sustainable food production for our population



Antibiotic residues from hospitals, pharmaceutical companies and agriculture contaminate the water



\*Cumulative costs of AMR is predicted to be US \$120 trillion by 2050



Antimicrobials are fundamental components of all health systems



All of which require multi-stakeholder partnerships



It is crucial to balance access, innovation and conservation of antimicrobials to contain AMR

\*World Bank Group Report on Drug-Resistant Infections (March 2017)

## The Ghana AMR story

 Ghana is considered a leading country on the African continent for handling antimicrobial resistance due to the work done and the approach they have taken in developing the National Action Plan on Antimicrobial Resistance.

https://www.reactgroup.org/national-action-plans/





AMR design 14.12.2017 A5 Final 19.03.pdf

NAP\_FINAL\_PDF\_A4\_19.03.pdf

## Governance

Inter-ministerial Committee Including CEOs, CDs, etc.

Other stakeholders AMR multi-staholder platform and chairs

Donors and Partners

AMR Secreatariat and Coordinator(s)

Implementing agencies, Agencies in AMR technical subgroups and working groups with leads.

## Ghana launches its AMR Policy and National Action Plan: 30<sup>th</sup> April 2018



His Excellency, President Nana Addo Dankwa Akufo-Addo launching Ghana's AMR Policy and National Action Plan

## Ghana launches its AMR Policy and National Action Plan



#### Government of Ghana with

- WHO
- FAO
- OIE

World Health Organization (WHO) Food and Agriculture Organization of the United Nations (FAO) and World Organization for Animal Health (OIE)

### Launch of the AMR Policy and National Action Plan

Excerpts of the President's speech

• ... "Ghanaians to get involved in the control of antimicrobial resistance in Ghana".

 ... "antimicrobial resistance represents a great threat to the realization of the Sustainable Development Goal 3 which stresses on ensuring healthy lives and promote wellbeing for all at all ages"

 … "Our food supply chain is also not being spared because antibiotic resistance is a major challenge to animal husbandry and fisheries and aquaculture sectors, as research has shown".

### Excerpt of the President's speech during the launch

The President

- ... that the implementation of the AMR policy will be backed by a functional regulatory framework.
- ... tasked the Minister for Health and Attorney-General to take the necessary steps to move some of the policy issues into legislation to ensure public health and safety.
- ... observed that key among these are policy on environment and waste, rational use of medicines, crop and animal production, and residues.

## **Understanding Ghana**

## Some Ghana stats





2019 World Percentage	0.39%
2019 Growth Rate	2.15%
Density	126.18/km <sup>2</sup>
Area	238,533 km <sup>2</sup>
Capital City	Accra

## Demographic, epidemiological and socioeconomic trends

Ghana is going through several transitions.

#### Demographic

- Life expectancy increase 57 (2000), 61 (2003), 67 (2017)
- Fertility rate: Decrease 4.7 (2000) 3.87 (2018)
- Age structure: largely youthful

#### Epidemiological

- NCDs and Injuries increasing morbidity and mortality
- Double burden of infectious and non-infectious diseases

#### Socio-economic

- Changing country trends
- Socioeconomic divide between the urban and rural settings

## **Health Institutions**

#### Government

- 1. Ghana Health Service (GHS)
- 2. Ministry of Health (MOH)
  - Five levels of provision. This is increasing in level of care provided
  - i. Health posts (CHPS)
  - ii. Health centers
  - iii. District hospitals
  - iv. Regional hospitals
  - v. Tertiary hospitals

#### Other

- 3. Christian Health Association of Ghana (CHAG)
- 4. Private Health Facilities
- 5. Maternity clinics
- 6. NGOs
- 7. Informal sector

## The Development of the Policy And NAP

### The One Health Approach to the development process

The 'one health' approach was used to understand and reduce the use of antimicrobial agents in humans, aquaculture, plant production and in animal health

 The sectors involved in the process to develop the required guidance are shown in the next slide

## AMR Policy and National Action Plan had the contributions and support

- Ministry of Health,
- Ministry of Food and Agriculture,
- Ministry of environment Science Technology and Innovation,
- Ministry of Fisheries and Aquaculture Development,
- Ministry of Education,
- Ministry of Trade and Industry,
- Ministry of Justice and Attorney General's Department,
- Ministry of Interior,
- Ministry of Water Works and Housing,
- Ministry of Local Government and Rural Development,

- Ministry of Defense,
  - As well as the respective Departments and Agencies of all the above Ministries
- The World Health Organisation,
- Food and Agriculture Organisation,
- The AMR Platform,
- Stakeholders from
  - Food and Drugs Authority
  - Ghana Standards Authority
  - Academia,
  - Civil Society,
  - Donors/Development Partners and
  - Private Sector

## Situational analysis of the AMR challenge:

- Absence of policy on antimicrobial access and use
- Irresponsible and / or inappropriate use of antimicrobials
- Lack of information on the proper use of antimicrobials
- Spurious, Substandard, Falsified, Fake and Counterfeit antimicrobials
- Unregulated access to antimicrobials
- Use of antimicrobials in agriculture as growth promoters
- Poor infection prevention and control in health facilities
- Poor environmental sanitation
- Poor or absence of surveillance on antimicrobial use
- Poor knowledge on antimicrobial resistance
- Bad agricultural or animal husbandry practice

These findings guided the NPAR and the resultant Policy and NAP

## Country response: Global guidance



#### Policy Process for Antimicrobial Resistance Policy for Ghana





#### **Strategic objective 1:**

- Improve awareness and understanding of antimicrobial resistance through effective communication, education and training.
  - Behaviour change through communication and education of health professionals, veterinarians etc., farmers and the general public as well as curriculum updates in training institutions

#### **Strategic objective 2:**

• Strengthen knowledge and evidence base through surveillance and research

 Evidence and knowledge generation and use, based on local AMR trends, through functional surveillance systems for AMC and AMR in both human and non-human sectors; with due cognizance to the pre-requisite need to build capacity in laboratory systems and infrastructure

#### **Strategic objective 3:**

- Reduce the incidence of infection through effective sanitation, hygiene and infection prevention measures and good agricultural and biosecurity practices.
  - Minimizing the need for antimicrobial use; through implementation of infection prevention and control strategies, including vaccinations and good hygiene as well as strategies on waste management, plant resilience promotion, vector control, biosafety and biosecurity and standard infectious disease control practices

#### **Strategic objective 4:**

- Optimize the use of antimicrobial agents in humans, aquaculture, plant production and in animal health in the 'one health' approach
  - Stimulating responsible use through antimicrobial stewardship programmes in all relevant sectors that makes use of standards and evidence-based treatments, SOPs, standards on wash-out periods as well as proper disposal of microbially sensitive waste into the environment

#### **Strategic objective 5:**

- Develop the economic case and create an enabling environment for sustainable investment that takes account of the needs of Ghana, and increase investment in new medicines, diagnostic tools, vaccines and other interventions.
  - Promoting research on AMR including potential local source of antimicrobial agents; optimising supply of quality-assured antimicrobials including improvements in local manufacture within stringent regulation.
  - Well governed and coordinated implementation arrangements with close collaboration with all



## **Brief overview: AMR National Action Plan**

- By implementing the NAP, ministries, agencies and departments (MDAs) would be implementing the AMR policy for Ghana.
- Guidelines have been developed to assist MDAs to mainstream the AMR NAP into their POWs/medium term strategies

## Structure of the NAP

- Background
  - Introduction, Situational analysis and assessment, Country response, Governance
- Objectives
- Strategic plan
- Operational plan
- Budget
- Monitoring and Evaluation framework

## First Page of the NAP Strategic Plan

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#### Operational Plan

The AMR National Action Plan details an operational plan which describes activities to be implemented /actions to be taken in line with the broad strategic objectives recommended. Lead implementers have been identified as well as relevant collaborators. The list of collaborators could be expanded during implementation.

Activities	Description of Activity	Time of implementation	Frequency (within 5 years)	Lead implementer/ Responsibility	Collaborators
Strategic objective 1: Improve awarer	sess and understanding of antin	nicrobial resistance	through effective	e communication, educ	ration and training.
Sub-objective 1					
5.1.1.1.1. Engage CSOs and the media (as AIR media partners) to educate the public on responsible use of antimiserobials in the spirit of 'One health'	[CSO and media training workshop on AMR]	July, Nevember 2018	1	GCNH, VSD, GHS	GJA, DPa, Medie, MMDAa, MOFA(APD,PPRSD), Fisheries Commission, MOH (HPU), PSGH, GRNA, GRMA, OTCMSA, GMA, GVMA, Farmer Based Organisations
5.1.1.1.2. Develop Information, Education and Communication (IE & C) materials for targeted groups in a statified public education campaign	[Teshnins] Working Group rotority with olser TORs, includes illustration, design and printing]	June-July 2018	1	GHS (Health Promotion Unit), MOFA (ISD), VSD, APD	GCNH, DP., Media, MMDA», Office of the Director of Pharmacental Services- MOH, MOFA (APD,PPRSD), Fishesser Commission, MOH, PSGH, GRNA, GRNA, OTCMSA, GWA, GVMA
5.1.1.1.3. Educate the public in order to promote the responsible use of antamicrobial among the general population	[AMR public education comparys through redic, TV, print medic, scala medic, schools, communities, churches etc.]	August-September 2018, November 2018-May 2019	5	VSD, GHS, GNDP	GCNH, DP*, Media, MMDA*, GES, MOFA (APD,PPRSD), Fisheret Commission, MOH (HPU), PSGH, GRNA, GRNA, OTCMSA, GMA, GVMA
5.1.1.1.4. Review the public education campaign for optimized impact	[Technical assistance: Review of public education campaign]	Јанааку 2019	1	VSD, GHS	All selevant stakeholders
5.1.1.2.1. Engage professional associations to educate professionals to promote the asymptotic set of animized bias at all levels of prostice in all affected sectors (kanna, animal, plant, servicement, etc.)	[Technical Workshop with selevant professional bodies and AMR Advocacy team, Annual General meetings/Continuous professional education platforms]	May 2018, December 2018	1	Professional associations (GMA, GRNA, PSGk, GRMA, VEMTAG, GVMA)	Professional associations, VEMTAG, All selevant stakeholders
5.1.1.3.1. Develop the content framework on responsible use of natimizedish for consideration into the ourier of training matinutions. (This is to zerve at the basis for the content on syllabus)	[Teshnical Working Group activity with clear TORs]	June 2018	1	AMR Platform Teoknical Working Group	Asademia, MOH, MOFA MOE, GHS, Relevant professional regulatory bodies, all relevant stakeholders
5.1.1.4.1.(a) Develop the content framework on supposible use of antimicologials in near-human settings, for consideration into the curriculum of tuning institutions. (This is to serve a the basis for the content on syllabur)	[Refer to activity 5.1.1.3.1]	[Refer to activity 5.1.1.3.1]	[Refer to activity 5.1.1.3.1]	[Refer to notivity 5.1.1.3.1]	[Rafer to activity 5.1.1.3.1]
5.1.1.4.1.(b) Incorporate content on responsible use of antimicrobials into the contendant of training institutions for professionals in all affected scotter (humans, minut) plant, environment etc.) [This is lanked with Associety 7.1.1.1.3.]	[Technical workshop with relevant remning institutions and AMR Advocacy team]	July-August 2018	1	AMR Platform Teoknical Working Group	Asademia, VSD, FAO,MESTI, all relevant stakeholders

## First Page of the NAP Operational Plan

## Budget

Strategic objective 1: Improve awareness and understanding of antimicrobial resistance through effective communication, education and training.	
Strategic objective 2:	
Strengthen knowledge and evidence base through surveillance and research	
Strategic objective 3:	
Reduce the incidence of infection through effective sanitation, hygiene and	These have all been
infection prevention measures and good agricultural and biosecurity practices.	costed in USD
Strategic objective 4:	
Optimize the use of antimicrobial agents in humans, aquaculture, plant	
production and in animal health in the 'one health' approach	
Strategic objective 5:	
Develop the economic case and create an enabling environment for sustainable investment that takes account of the needs of Ghana, and increase investment in new medicines, diagnostic tools, vaccines and other interventions.	

## Ghana AMR integration report WHO-June 2018

Resource mobilisation for antimicrobial resistance (AMR): Getting AMR into plans and budgets of government and development partners

Ghana country level report

#### Process Indicator Matrix

The Ghana AMR National Action Plan provides an M and E framework as detailed below to enhance project implementation. Indicators a provided under each strategic objective and sub-objective including the data sources that inform the indicator or where the indicator could be obtained and targets for the stated indicator.

Activities	Implementation time	Process Indicator/ Deliverables	Data source	Targets
Indicators-Strategic Objective 1				
Sub-objective 1				
5.1.1.1.1. Engage CSOs and the media (as AMR modia partners) to educate the public on responsible use of nationocobials in the spirit of "One health"	July November 2018	<ol> <li>Number of CSOs and media engaged</li> <li>Number of CSO and Media engagement workshops hald</li> </ol>	MOFA, MOH, MESTI	<ol> <li>Participation from 10 radio stations and 5 TV stations with mational soverage</li> <li>Participantion from CSO from all 10 regions</li> </ol>
5.1.1.1.2. Develop Information, Education and Communication (IE & C) materials for targeted groups in a startified public education compare	Jum-July 2018	Simple and cousies IE.6C materials produced and available in several formats for various media channels	GHS (Health Promotion Unit), MOFA(ISD), Other of the Director of Pharmaceutical Service-MOH, VSD, APD	[1] 250,000 fliers, stickers and fact charts [2] 100,000 posters
5.1.1.1.3. Educate the public in order to promote the responsible use of antimicrobials among the general population	August-September 2018, November 2018-May 2019	<ol> <li>Number of overeness restion notivities undertaken</li> <li>Number of people sensitized</li> <li>Number of people tenned</li> </ol>	ISD, MESTI, MOH, MOFA, VSD, GHS,MOFAD, GES	<ol> <li>10 oversees meshon notwhen per year</li> <li>10 regions remained</li> <li>30 ToT conducted wrise for the period</li> </ol>
5.1.1.1.4. Review the public education comparing for optimized impact	Jamaany 2019	[1] Public education comparyn review report available	VSD, GHS	[1] Changes in public summers on AMR demonstrated
5.1.1.2.1. Engage professional associations to educate professionals to promote the responsible use of antimiserbials at all levels of presence in all affected scotters (Journan, annual, plant, environment, etc.)	May 2018, December 2018	[1] Number of professional associations engaged	Professional	<ol> <li>Professional associations in all restors sugaged</li> <li>Number of AGMs/CPDs etc. held on AMR</li> </ol>
5.1.1.3.1. Develop the content feamework on responsible use of antionizerbials for consideration into the oursiesdum of training institutions. (This is to serve as the basis for the content on syllabus)	June 2018	[1] Content fannewook for update of syllabus developed	MOH, MOFA, AMR Platform, Academia, GHS	[1] Content framework for update of syllabus developed submitted to all tertiary institutions tunning professionals in human and animal k-abk
5.1.1.4.1.(a) Develop the constant feamework on responsible use of antianizedulation mon- human settings, for consideration into the curriculum of tenning institutions. (This is to serve as the basis for the content on syllabus)	[Refer to notivity 5.1.1.3.1]	[Refer to activity 5.1.1.3.1]	[Rafez to notivity 5.1.1.3.1]	[Rafee to activity 5.1.1.3.1]
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## M&E Framework of the NAP

## Policy on Antimicrobial Use and Resistance

Infection prevention and control Antimicrobials Antibiotic Consumption Policy Health & Data & Sensitization Policy Health & Data & Sensitization Farmers Antibiotics & Webser & Surveillance Fungi Food Porug Resistance Bacteria National Action Virus Infectious diseases Veterinarian Infectious diseases Agriculture

## Acknowledgements

- Dr. Martha Gyansa-Lutterodt, Chief Pharmacist, and Chair for the NPAR
- Members of the NPAR
- All Stakeholders working to reduce AMR in Ghana
- Dr. Mawuli Dzodzomenyo, SPH, Member Global- NAMRIP Steering Group

## THANK YOU

## THINGS TO DO IN GHANA

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## Kakum National Park

 Nature reserve with virgin rainforest, a 40m-high canopy walkway, birding trail & tree house

## **Mole National Park**



 Extensive wildlife refuge with savanna & forest habitats for elephants, antelopes & other game.

## **Cape Coast Castle**

- Museum of the trans-Atlantic slave trade
- Museum housed in a European-built waterfront castle used in the trans-Atlantic slave trade.



## Lake Volta

 Lake Volta, the largest artificial reservoir in the world in terms of surface area, is contained behind the Akosombo Dam. It is completely within the country of Ghana and has a surface area of 8,502 square kilometres.Wikipedia



## Mole National Park

 Mole National Park protects an area of savannah and forest in northern Ghana. It's home to elephants, leopards and rare birds such as the white-backed vulture

